

***ST. CLEMENT'S  
RETREAT & CONFERENCE  
CENTRE***



*'Phoenix Rising'  
Sister Helen Barnes rsj  
Artist in Residence*

**PROGRAMME  
2010**

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**St. Clement's Retreat & Conference Centre,  
in partnership  
with the Archdiocese of Canberra & Goulburn,  
is a shared ministry involving the  
Redemptorist Congregation and  
the Sisters of St. Joseph, Goulburn NSW.**

## **WEEKEND RETREATS**

### **Art For the Soul**

*Sr. Helen Barnes rsj - Artist in Residence*

Awake to your creative potential as you express your reflections in words or imagery.

An extra \$20 is charged for Materials, paints etc .

<b>February</b>	<b>05 pm - 07 pm</b>
<b>April</b>	<b>09 pm - 11 pm</b>
<b>June</b>	<b>04 pm - 06 pm</b>
<b>August</b>	<b>20 pm - 22 pm</b>

### **Pope Benedict's Encyclical *Caritas in Veritate* On integral Human Development in Charity and Truth February 19 pm- 21 pm**

*Dr. John Little PHD & Dr. Anthony Kelly, C.Ss.R.*

A weekend opened to everyone especially those in leadership & management roles to reflect on the Pope's letter and apply it to everyday life.

### **The Little Brown Book**

**May 21 pm - 23 pm**

***Sue & Leo Kane Authors of "The Little Brown Book"***

An Invitation to share a Reflective "Cuppa" with the human Mary MacKillop.

We will explore the personality and spirituality of Mary, and what she could mean for each of us in our everyday lives. "There, where you are, you will find God" (1874)

### **Majellan Marriage Weekend**

**October 01 pm - 03 pm**

*Fr. Michael Gilbert , C.Ss.R.*

A weekend of peace and quiet for husbands and wives to reflect on their marriage and their relationship with each other and with the Lord!

### **Legion of Mary Retreat**

**November 26 pm - 28 pm**

*Fr. Peter Ryan, C.Ss.R.*

A retreat fostering personal holiness- an opportunity to re-discover your Catholic heritage. While the Retreat is a work of the Legion, the weekend is open to everyone.

**St. Clement's is home to many Christian groups and the Centre is committed to the advancement of Christian unity. The peaceful surrounds reflect the beauty of nature's seasons and provide an ideal setting for reflection, study, prayer and silence.**

### **Retreat Weekends**

#### **Friends of St. Clement's**

*A Time Together*

**February 26 pm - 28 pm**

Start the year with a relaxed weekend.

An opportunity for

St. Clement's to thank all our Friends. A time to come together celebrating all that has happened and to dream dreams for the future. Special rate for weekend. \$100

#### **Young Adults - Quiet Weekend**

**May 14 pm - 16 pm**

*Facilitator Sr. Helen Barnes, rsj*

Come to St. Clement's to walk, talk, take stock of your journey in life - take a break!

Concessions available.

**September 17 pm -19 pm**

#### **Men's & Women's Working Retreat**

#### **A Weekend Creating an Environmental Sanctuary**

Help create an Environmental Sanctuary. Come and enjoy working with others, sharing ability and skills.

A time to work, to learn to share gifts and to pray.

A donation is asked to cover food & lodging.

### **EMMAUS JOURNEY**

**Monday pm- Friday am**

The Emmaus Journey is for lay people who are retired or in the second half of life. The experience is a happy blend of 'holiday' & 'holy day' and leads to a sense of wholeness & well being.

*Fr. Pat Corbett, C.Ss.R. & Sr. Helen Barnes, rsj*

**March 15 pm - 19 am**

**June 21 pm - 25 am**

*Fr. Leo Coffey, C.Ss.R.*

**August 30 pm - September 03 am**

## **The Year of Luke Six Day Retreats**

*June 28 pm - July 05 am*

### **'Divine Encounter**

*Fr Patrick Corbett C.Ss.R.*

A contemplative journey through the Gospel of Luke.  
*Mary sat at the Lord's feet and listened to what he was saying. Luke 10:39*

*July 26 pm August 02 am*

### **Luke the Artist**

*Sr. Helen Barnes, rsj Fr. Patrick Corbett, C.Ss.R*

An ancient tradition has Saint Luke as the first Iconographer. An opportunity to explore the Gospel of Luke through the liturgy using Icons, Art, Music, Poetry and embodied

*September 20 pm - 27 am*

### **Encounter Jesus through the eyes of St. Luke**

*Fr. Leo Coffey C.Ss.R.*

Somehow, of all the gospel writers one would have liked to have met, Luke is the best of all— for this Gentile doctor who had the tremendous vision of the infinite sweep of the love of God, brings Jesus into our ordinary lives.

## **Six Day Retreats**

*April 27 pm - May 04 am*

### **The Year of Christ's Priesthood**

*Fr. William Creede C.Ss.R.*

*(For Religious Sisters )*

Six prayerful days in this Year of the Priesthood  
The Retreat includes the Annual Marian Galong Procession to the Lourdes Grotto.

*July 12 pm - 19 am*

### **Art For The Soul**

*Sr. Helen Barnes RSJ*

Exploring scripture and our life experiences as we awaken to our creative potential. .  
Please note Art Material is provided at an extra cost of \$20.

*October 25 pm - November 1 am*

**"Let us go Beloved to the mountain...  
...to where the pure water flows."** *John of the Cross*

*Fr. Patrick Corbett, C.Ss.R.*

A journey with John of the Cross,  
exploring the poetry of  
The Spiritual Canticle and the Living flame of love.

**SEPTEMBER A DESERT EXPERIENCE**  
**'The Seasons of the heart'**

**A guided month with the opportunity for individual direction. Come for the whole month or for selected weeks.**

**Team: Fr. Patrick Corbett, C.Ss.R.  
Sr. Lorraine Cupitt, RSM  
Sr. Helen Barnes, RSJ**

**Week one Monday September 06 pm - 13 am**  
**A desert experience... Tending the heart**

*I will lure her into the wilderness and speak tenderly to her heart. Hosea 2:14*

*And Jesus full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness. Luke 4:1*

**Week two Tuesday September 14 pm - 21 am**  
**Circling into Prayer.. Walking the Labyrinth**

*I will lead them in paths they know not... Isaiah 42:16 Jesus took them up a high mountain alone to pray. Luke 9: 12*

**Week three Wednesday September 22 pm - 29 am**  
**Aligning Body Mind and Spirit - Awakening the mind & heart to Healing, Wellbeing and Wholeness**

*I have come that they may have life and have it to the full John 10: 10*

**Week four Thursday Sept. 30 pm - October 07 am**  
**Return to the Desert. Finding the well. Thirsting for more.. . Let us go Beloved to where the pure water flows. (Canticle of John of the Cross)**

*If you had asked me I would have given you living water John 4:10*

*John 4: 10. If any one is thirst, let them come to me and drink... John 7:38*

**An outline of each segment and application form for the Desert Month is available on request.**

**\* Private room with shared facilities \$2,500**

**\* Individual segments: \$480.**

## EVENTS 2010

The 125th Anniversary of the Sudan War:  
14th February 2010

The Telegram from Queen Victoria accepting the first Australian troops to serve overseas was received at Galong Castle. John Nagle Ryan celebrated the event along with the acting Premier William Bede Dalley with the now famous banquet in Galong Castle. The event will be recalled with a special ceremony on the Saturday 14th February.  
(check website)

## OPERA

With Pacific Opera Australia  
Selection of Arias from Famous Operas  
Saturday April 24

Tickets \$65 Champagne & Canapés  
5.00 - 6.30

Performance 7.00 pm  
(limited accommodation available)

Sunday April 25 Matinee  
Tickets \$40 includes B.B.Q 12.00  
Performance 1.30 pm

## MAY PROCESSION & ST. CLEMENT'S WAY

Following the tradition of many of the great overseas pilgrimages, next year we will inaugurate the St. Clement's Way. A three day journey from Yass to Rosary Hill. The journey will conclude with the Annual May Pilgrimage on the First Sunday in May

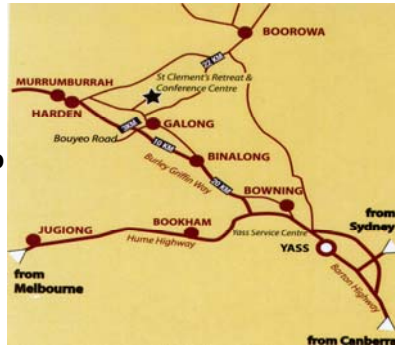
## SPRING FESTIVAL OF THE ARTS

Weekend September 3 - 5  
'Ring out the Bells of St. Clement's'

A weekend for all the family. An opportunity to either participate and/or contribute: music, dance, crafts, food, entertainment & games.

More information on the above Programmes  
can be found on our website  
[www.stclement.com](http://www.stclement.com)

Where is  
Galong?  
Information map



## RETREAT COSTS

	<i>Without ensuite</i>	<i>With ensuite</i>
Emmaus Journey	\$350	\$390
6 Day Retreat	\$480	\$540
Weekend Retreat	\$200	\$220
Private Retreat		
Mon –Fri per day	\$ 90	\$100
Weekend per day	\$ 100	\$110
<b>DEPOSIT A non-refundable deposit is Required:</b>		
Individual		\$ 50
Groups		\$200

Special allowances will be made if costs are a concern.

**All linen provided**

**-Toiletries available for purchase**

### TRAVEL

**BY TRAIN from Sydney** The nearest station is **Harden**. The XPT from Sydney arrives at 12.15 pm. Retreatants are met at the Harden Station and driven to Galong. (**\$15 pp return**) The return Sydney train now leaves Harden at 3.10pm arriving in Sydney at 7.55pm.

**BY TRAIN from Melbourne. Please book ticket & luggage to Galong (not Harden).**

The XPT arrives at Cootamundra at 2.40 pm where the Canberra-Yass Trans-border bus meets the train and brings you to Galong village where you will be met and driven to the Retreat Centre. If disembarking at Harden a **\$15 pp return** will be charged .

**BY ROAD From Sydney** (350 km) take the Hume Highway. Then, take the **new Burley Griffin Way-Route 94 (16 kms south of Yass Service Centre)**. **Follow the Harden signs, after Binalong proceed 10 kms to first crossroad. Follow signs to Galong.**

**From Canberra** take the Barton Hwy. This joins Hume Hwy. Take **Melbourne-Gundagai Exit** Sign. On the Hume Hwy take **Burley Griffin Way R.94 as above**. **Buses** run daily from Canberra at 10.05 arriving at Galong at 11.40am.

**From Melbourne** (600 kms) branch off Hume Highway at the **Jugiong Exit** and take the Jugiong-Harden Road; turn right at Harden and continue along Burley Griffin Way towards Yass for about 20 kms. Left turn at Galong Crossroads. Follow the sign to Galong.

**APPLICATION FORM  
PLEASE PRINT**

**I wish to make a booking for the  
Retreat commencing**

**Retreat Title** .....

**Date** .....

**Name** .....

**Address** .....

.....

**Postcode** ..... **Phone** .....

**Email** .....

**PLEASE INDICATE MODE OF TRAVEL**

I will travel by **car** .....

I will travel by **coach** Ex Canberra .....

**XPT from Sydney/Harden** .....

**Return XPT** .....

**XPT from Melbourne/Galong** .....

**Return XPT** .....

**Special Requests- Dietary:**