

St Clement's Way

Yass to St Clements Retreat & Conference Centre
Galong NSW

This is a self arranged independent village to village walk for fit and healthy individuals able to walk long distances in areas remote from water, communications and services. The following information is a guide to assist you in your own planning.

All but 3km of this Pilgrim's Walk to St Clements, Galong uses quiet country gravel roads – there is very little traffic but you need to be aware the route uses public rights of way and designated stock routes, so ensure you keep a lookout for motor vehicles and livestock.

Unsure if you can do a long distance walk? Try the practice walks featured at the end of this guide if you live in the ACT, NSW, Victoria or South Australia.

You are responsible for your own safety and well being so please ensure you:

- carry sufficient water for each day – there is no water available enroute.
- wear suitable footwear for a very long days walk on rough gravel surfaces.
- walk safety on all public roads – wear a high visibility vest and keep well to the left off the road surface on Lachlan Valley Way (a short 3km section)
- bring suitable clothing for hot and dry or wet and cold conditions. This area can have very variable weather.
- Bring sun protection items – hats, sunscreens and appropriate clothing.
- Equipment such as tents, cooking equipment and sleeping bags are NOT required as breakfast and evening meals are available when you arrange your own booking in hotels, motel or B&B's in Bowning and Binalong and at St Clement's in Galong.
- Arrange all accommodation well before starting the walk. Accommodation is limited in some areas and may not be available on short notice.
- Lunch, morning teas and other snacks will be enroute and will be provided by yourself as there are no services between villages. Purchases can be made in Yass, Bowning, Binalong and Galong but not during the actual days walk.

This is an independent walk that you undertake entirely at your own risk, making all your own arrangements, bookings, payments and enquiries.

The route is outlined in Google Maps at

<http://maps.google.com/maps/ms?ie=UTF&msa=0&msid=114846672943537978596.00048273bf8b8ba621376>

A List of THINGS YOU WILL NEED TO DO YOURSELF is highlighted at the end of each days suggested itinerary

Itinerary – 3 night / 4 Day Program

Day 1 – 20.31km Yass to Bowning

Yass to Bowning Village via Wargeila Rd, Laverstock Rd and Walls Junction Rd.
Overnight - Bowning Village.

THINGS YOU WILL NEED TO DO YOURSELF for Day 1

- Arrange your own transport to Yass
- Book and pay for your own accommodation in Bowning.
At this stage the Bowning Hotel (02 6227 6008) is the only option apart from camping at Bowning Sports Oval – but you would need to carry all gear.
- Backpack all your own clothing, safety and personal items – meals, linen, beds and towels are available at the Bowning Hotel.

Day 2 – 32km Bowning to Binalong

Bowning to Binalong via Walls Junction Rd and the Bendenine Stock Route.
Overnight - Binalong Village.

THINGS YOU WILL NEED TO DO YOURSELF for Day 2

- Book and pay for your own accommodation in Binalong.
There is a range of accommodation options in Binalong – motel, hotel, B&B's.
Call Yass Visitors Centre for a full list of options (02 6226 2557).
- Backpack all your own clothing, safety and personal items – meals, linen, beds and towels are available at your chosen accommodation.

Day 3 – 13.1km Binalong to Galong + 4.6km Galong Village to St Clements

Walk to Galong Village via Garry Owen Rd, Cattle Street and Bobbara Rd – with an option of a further walk to St Clements via the historic Galong Cemetery.
Overnight - St Clements.

THINGS YOU WILL NEED TO DO YOURSELF for Day 3

- Book and pay for your own accommodation and meals at St Clements, Galong (02 6380 5222).
- Backpack all your own clothing, safety and personal items – meals, linen, beds and towels are provided at St Clement's.

Day 4 - optional

Extra Walk Option from St Clement's –6.2km round trip walk to the top of Rosary Hill
The walk is steep in parts and has a wonderful view of the Yass and Harden Shires.

For those returning to Yass by Countrylink coach please leave St Clement's in time to walk the 3km back to Galong Village – don't miss the bus as there is only one service per day.

Currently the Countrylink coach leaves mid afternoon but check timetables (see below). Countrylink coach arrives in Yass Town or Yass Junction Railway Station late afternoon.

THINGS YOU WILL NEED TO DO YOURSELF for Day 4

- Arrange to be back in Galong Village for afternoon departure of Countrylink coach back to Yass.
- Book and pay in advance for your own Countrylink coach ticket from Galong to Yass.
Book online at www.countrylink.nsw.gov.au or call 13 22 32
- Arrange your own transport home from Yass Town or Yass Railway Station.

SUGGESTED PRACTICE WALKS

CANBERRA

1. **LAKE Burley Griffin Circuit** (32.4 km round trip) – covering West, Central and East Basins. Numerous websites available including an interactive site at :
<http://www.bikely.com/maps/bike-path/Civic-Lake-Burley-Griffin>

VICTORIA

1. **Bellarine Peninsula Trail** (32.5km one way)
<http://www.fbrt.com.au/fbrt/main/map.htm>
<http://www.railtrails.org.au/states/trails.php3?action=trail&trail=8>

Location - 75 Km from Melbourne Trail Start - At Strong Street, near South Geelong Railway Station (good car parking available at nearby Geelong Showgrounds) Trail Length - 32.5 Km (Geelong to Queenscliff) Track Surface - Mostly fine compacted gravel - bitumen sections at South Geelong, Leopold and Queenscliff (approx 8 kms in total).

2. **Bass Coast Trail** (32km return)
<http://www.railtrails.org.au/states/trails.php3?action=trail&trail=13>

ADELAIDE

1. **Coast to Vines Rail Trail** (34km one way)
<http://www.railtrails.org.au/states/trails.php3?action=trail&trail=42>
2. **Clare Valley Riesling Trail** (34km one way)
<http://www.railtrails.org.au/states/trails.php3?action=trail&trail=41>

SYDNEY

1. **Sydney's Great Coastal Walk**
http://www.walkingcoastalsydney.com.au/sydneys_great_coastal_walk.htm

Section lengths that make good round trips:

Barrenjoey to Avalon 13km
Avalon to Narrabeen Lakes 13km
Narrabeen Lakes to Manly 12km
Manly and North Head 12km
South Head to Clovelly 14km
Clovelly to La Perouse 17km
Kurnell to Cronulla 13km

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2. **Liverpool to Parramatta (17km)**
Walk a round trip out and back
<http://www.bikenorth.org.au/railtrail/liv-parra/index.html>

The shared cycle & pedestrian route is about 17 km long and keeps off roads for the majority of that distance.

